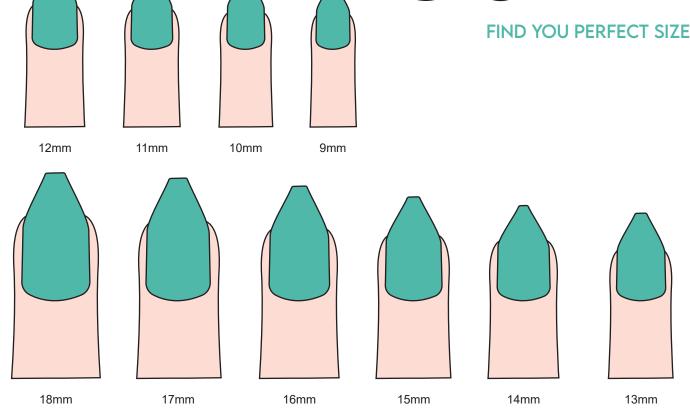
PRESS ON NAILS GUIDE



- TAKE A MEASURING TAPE OR USE ADHESIVE TAPE ALONG WITH A RULER, AND POSITION THE TAPE HORIZONTALLY ACROSS THE WIDEST PART OF YOUR NATURAL NAIL.
- MARK THE EDGES OF YOUR NAIL AT ITS WIDEST POINTS.
- REMOVE THE TAPE AND RECORD THE MEASUREMENT IN MILLIMETERS (MM).